

## GUIDE TO TRAVELLING WITH DIALYSIS

### 1 DISCUSS WITH PRIMARY CARE PHYSICIAN



- Purpose of travel
- Current medical condition/ fitness to travel
- Travel prescription for PD
- Destination, Travel period, Safety
- APD/ CAPD; Retraining if needed

### 2 CALL DKSH CUSTOMER CARE



- To provide destination, travel dates
- Follow country requirements

| Countries          | To call before |
|--------------------|----------------|
| Most countries     | 45-60 days     |
| Australia<br>India | 90 days        |
| Philippines        | 120 days       |

### 3 BOOK YOUR HOTEL/FLIGHT



- After your physician's consent & DKSH's confirmation on logistic support, you may proceed to book your hotel & flight
- No support provided for transit/connecting flight/ layover
- Inform hotel of solution delivery
- Provide DKSH with hotel booking reference
- Solution to be delivered to hotel 2 days prior to your arrival

### 4 GOOD TO NOTE WHILE TRAVELLING



- Bring your PD consumables/accessories. Only PD solutions delivered
- Local PD center, hospital helpline for emergency purposes
- Voltage differences for Homechoice claria; SG: 230V
- Environment cleanliness/ Dietary restriction/ Sufficient rest